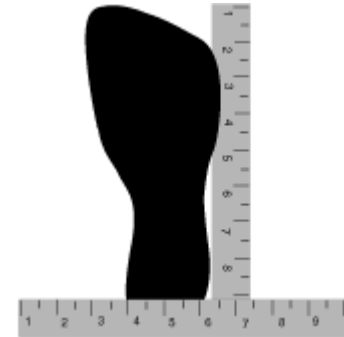


Measurement Tips

- Take your measurements at the end of the day, when your feet are the largest. Wear the socks you'll wear with your new footwear when you measure. Measure both feet and fit footwear to the larger foot
- If you are doing the measurement by yourself, you will get more accurate results if you sit in a chair when measuring. Don't stand.
- If you have someone to help you take your foot measurement, standing is the best choice
- You may take measurements in inches or centimeters. To convert inches to centimeters, multiply inches by 2.54.

How to Measure Your Foot

- While seated, place your foot on a piece of paper in front of you. With a pencil, trace around your foot. Hold the pencil as straight up-and-down as possible while measuring and be sure that your pencil remains in constant contact with your foot during this process.
- With a ruler, measure your tracing to determine your foot length and width
- Foot length - To find your foot length, measure the distance between the two longest points on your tracing. Reduce this number by 5 mm, or 1/5-inch. The result is your foot length and the number you will use to determine your shoe size.
- Foot width - To find your foot width, measure the distance between the two widest points on your tracing. Reduce this number by 5 mm, or 1/5-inch. The result is the number you will use to determine your foot width. Use the chart below to determine your foot width.



Shoe Size				Shoe Widths			
Inches	Centimeters	US size	Euro size	Shoe size	A	B (Standard)	D
8 1/2	21.6	5	36	5	2.6"	2.8"	3.0"
8 2/3	22.0	5 1/2	36 1/2	5 1/2	2.7"	2.9"	3.1"
8 5/6	22.4	6	37	6	2.8"	2.9"	3.1"
9	22.9	6 1/2	37 1/2	6 1/2	2.8"	3.0"	3.2"
9 1/16	23.3	7	38	7	2.9"	3.1"	3.3"
9 1/3	23.7	7 1/2	38 1/2	7 1/2	2.9"	3.1"	3.3"
9 1/2	24.1	8	39	8	3.0"	3.2"	3.4"
9 2/3	24.6	8 1/2	39 1/2	8 1/2	3.1"	3.3"	3.4"
9 5/16	25	9	40	9	3.1"	3.3"	3.5"
10	25.4	9 1/2	40 1/2	9 1/2	3.2"	3.4"	3.6"
10 1/6	25.8	10	41	10	3.3"	3.4"	3.6"

Shoe Size				Shoe Widths			
Inches	Centimeters	US size	Euro size	Shoe size	C	D (Standard)	E
9 1/3	23.7	6	37 1/2	6	3.3"	3.5"	3.7"
9 1/2	24.1	6 1/2	38	6 1/2	3.3"	3.6"	3.8"
9 2/3	24.6	7	38 1/2	7	3.4"	3.6"	3.8"
9 5/16	25	7 1/2	39	7 1/2	3.4"	3.7"	3.9"
10	25.4	8	39 1/2	8	3.5"	3.8"	3.9"
10 1/6	25.8	8 1/2	40	8 1/2	3.6"	3.8"	4.0"
10 1/3	26.2	9	40 1/2	9	3.6"	3.9"	4.1"
10 1/2	26.7	9 1/2	41	9 1/2	3.7"	3.9"	4.1"
10 2/3	27.1	10	41 1/2	10	3.8"	4.0"	4.2"
10 5/6	27.5	10 1/2	42	10 1/2	3.8"	4.1"	4.3"
11	27.9	11	42 1/2	11	3.9"	4.1"	4.3"
11 1/6	28.4	11 1/2	43	11 1/2	3.9"	4.2"	4.4"
11 1/3	28.8	12	43 1/2	12	4.0"	4.3"	4.4"
11 1/2	29.2	12 1/2	44	12 1/2	4.1"	4.3"	4.5"
11 2/3	29.6	13	44 1/2	13	4.1"	4.4"	4.6"